

**SCIENCE**  
**OUTDOOR ACTIVITY**

**CLASS-III –IV**

**ACTIVITY- KNOW YOUR PLANTS**

Play is a pivotal part of a child's life. Outdoor play fosters opportunities for creativity, imagination, social connections, and learned behaviors. Play allows children to use their creativity while developing their imagination, dexterity, and physical, cognitive, and emotional strength. Play is important to healthy brain development. It is through play that children at a very early age engage and interact in the world around them. By keeping this importance of outdoor playful learning in our mind we planned an outdoor science activity for class III and IV.

**PROCEDURE:**

Students were into three teams named as: HERBS, SHRUBS AND TREES. After making the groups, students were taken out to the school ground where they were taught about the differences among herbs, shrubs and trees through their sense organs i.e. vision and smell.

<b>HERBS</b>	<b>SHRUBS</b>	<b>TREES</b>
Hers are small plants with soft stem and branches	Shrubs are small plants with many hard stem and branches.	Trees are big and tall plants with very hard and thick stem.
Eg: Basil, Mint	Eg: Rose, Bay leaves	Eg: Neem tree

Herbs such as mint and basil are very important for us as mint helps in digesting food, basil helps to improve our immune system. Shrubs such as rose plant, hibiscus plant, bay leaves were also shown to students. Students collected leaves of various Herbs (mint, basil), Shrubs (Curry or bay leaves) and Trees and were told to make herbarium of collected leaves by drying them.

**OBSERVATION:**

1. Students enjoyed in observing different plants.
2. Students were keen and enthusiastic to know about value of herbs and could relate it within their food.
3. Students enjoyed in making collection of different types of leaves to make herbarium.
4. Students loved to be clicked with different plants.



### **LEARNING OUTCOMES:**

1. Students will be able to identify Herbs, Shrubs and Trees.
2. Students will understand the importance of herbs in their life.
3. Students will be able to make Herbarium.

