



K.R. MANGALAM WORLD SCHOOL, G.K-II
PARENTS' CIRCULAR
CLASSES IV to IX

Date: June 14, 2020

Circular No: KRMGK-II/20-21/069

Dear Parent

Greetings!

The difficult times the world faces today is helping us learn to cope up with and live on with Covid-19 which is the new reality, the new normal. It is the time for a new thought process, a new awakening. The coronavirus pandemic has brought forth innumerable challenges that we are facing in our lives and we must be prepared for more untraveled paths that will come in this journey.

K.R. Mangalam World School, G.K. II has always been in the forefront to ensure the best for the students. The foremost priority in this hour of crisis is to provide a holistic approach to health and well-being of our students, by keeping a healthy balance of mind and body **Yoga**, being a catalyst to mental well-being embodies the unity of mind and body, thought and action, restraint and fulfillment.

To stay strong and be strong to face the tough times it is all the more important to build up our immunity, within the four walls of our house. On the occasion of **International Yoga Day**, the school is organizing Yoga sessions on the digital platform(Zoom) for classes IV to IX. The URL will be shared one day prior to the session.

The details of the sessions are as follows:

S.NO.	DATE&DAY	TIMING	CLASSES	TEACHER INCHARGE
1.	19-6-20 (Friday)	8:20 - 9:00AM	IV- A,B,C	Mr. Amit
2.	19-6-20(Friday)	8:20 - 9:00AM	V- A,B,C	Ms. Priyanka
3.	19-6-20(Friday)	9:10 – 9:50AM	IV- D,E,F	Mr. Amit
4.	19-6-20(Friday)	9:10 – 9:50AM	V- D, E,F	Ms. Jaspreet kaur
5.	20-6-20(Saturday)	8:20 - 9:00AM	VI-A,B,C	Mr. Amit
6.	20-6-20(Saturday)	8:20 - 9:00AM	VII-A,B,C	Ms. Anju
7.	20-6-20(Saturday)	9:10 – 9:50AM	VI-D,E,F	Ms. Priyanka
8.	20-6-20(Saturday)	9:10 – 9:50AM	VII-D,E,F	Ms. Jaspreet kaur
9.	21-6-20(Sunday)	8:20 - 9:00AM	VIII- A,B,C	Ms. Anju
10.	21-6-20(Sunday)	8:20 - 9:00AM	IX- A,B,C	Mr. Sandeep
11.	21-6-20(Sunday)	9:10 – 9:50AM	VIII-D,E,F	Mr. Amit
12.	21-6-20(Sunday)	9:10 – 9:50AM	IX-D,E,F	Mr. Sandeep

Regards

Principal