

August 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
						HOLIDAY - EID-UL-ZUHA
2	3	4	5	6	7	8
	HOLIDAY - RAKSHA BANDHAN		Importance of Meal Planning.		Concept of Meal Planning.	
9	10	11	12	13	14	15
	Time Management: Definition and Importance.		HOLIDAY - JANMASHTAMI		Time plans: Factors affecting time plan	HOLIDAY-INDEPENDENCE DAY
16	17	18	19	20	21	22
	Time plans: Factors affecting time plan - continued		Steps of making time plan		Energy Management: Definition and importance	
23	24	25	26	27	28	29
	Fatigue and its reasons		Ways to reduce fatigue		Work simplification - Concept	
30	31	1	2	3	4	5
	Work simplification - methods.					