



K.R MANGALAM WORLD SCHOOL, G.K II
INTER HOUSE COMPETITIONS (SPORTS AND GAMES), DECEMBER 2020
CLASSES- VI-VIII AND IX & XI

ONLINE INTER-HOUSE COMPETITION FOR THE MONTH OF DECEMBER CLASSES VI – XI

DATE: 04/12/2020

Circular No: KRMGK-II/20-21/208

Dear Parent

As the pandemic traverses the world stealthily and Mother Nature works towards reviving itself, humanity is gazing out of the window admiring all creations with a new lens. Sports and games promote aesthetic values and helps students enhance their physical and mental well-being. On 29th August 2019, the Honorable Prime Minister of India, launched nationwide “Fit India Movement” which was aimed to encourage people to inculcate physical activity and sports in their everyday lives and daily routine. To take this mission forward, CBSE has organised the “Fit India School Week”. This movement endeavors to alter this behaviour from ‘Passive Screen time’ to ‘Active Field time’ and the aim of the objective is to develop Sports Quotient among all the students to achieve a healthy lifestyle. In pursuit of the same the school is organising Online Inter – House Competitions to be held in the third week of December 2020.

Kindly Note- A student can participate in one event only. For further details refer to the instructions given along with each activity Virtual Activities for Fit India School Week Celebrations 2020.

1. Inter House competition online Sports Quiz: Saturday 19.12.2020

Description: Three students from each house Criteria for selection

Theme – Fitness/sports Questions will be based on the following games: Basketball, Football, Cricket, Kho-Kho and Kabaddi

2. Inter house Chess: Saturday 19.12.2020

Participants will be required to download the Lichess app (Free). An online Tournament will be scheduled. Link of the tournament will be shared two days prior. Duration of the Tournament – 1-1:30 hours

3. Inter House Virtual Squat Challenge : Saturday 19.12.2020

The students will be required to perform tasks such as balancing, squats etc., (as directed by the teacher) during the session. A sample video will be shared with the participants for reference.

Consent for participation to be sent by December 12, 2020 on the below mentioned email ids given on the next page.

RUBY HOUSE- sandeep.chaprana@gk2.krmangalam.com
TOPAZ HOUSE- anjukrmgk2@gmail.com
SAPPHIRE HOUSE- shalini.k@gk2.krmangalam.com
EMERALD HOUSE- meenu.thakur@gk2.krmangalam.com

Kindly find attached the 'Consent form' for participation.

Warm Regards

Principal
(Dr. Sangeeta Arora)



**K.R. MANGALAM WORLD SCHOOL, GK-II
INTER-HOUSE COMPETITIONS DECEMBER 2020-21**

Consent Slip

I hereby state that my ward _____ of Class & Section _____ house
_____ would participate in _____ event organized by the school.

Name of the Parent: _____

Mobile Number: _____

Date: _____

Regards