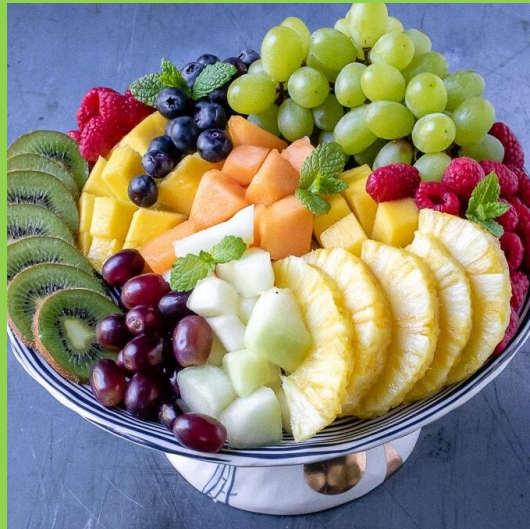


# CLASS I

## FRUIT PLATTER-WEEK II



*Fruits are an important part of a healthy diet and variety is as important as quantity.*

*No single fruit provides all the nutrients we need to be healthy.*

*To make the children understand the same, a colourful "Fruit Platter" was made by the kids. They arranged different colour fruits in their plate and then relished eating the same. The kids understood the importance of eating fruits and used their creativity to design the platter in their own way..*

